



## Hanauma Bay

Discover the underwater world

JO3 Devin Wright

Staff Writer

Hawai'i is often known for its natural beauty and varied outdoor recreational activities. With an average of approximately 6,000 visitors daily, one of Oahu's most beautiful and popular spots is Hanauma Bay State Marine Life Conservation District.

"Hanauma Bay is so popular because it is the only place on Oahu that has excellent conditions for beginner snorkelers to experienced divers and that's what makes it a feature attraction," said Mahealani Kaneshiro, Hanauma Bay education assistant. "It's considered the number one attraction on Oahu."

"Hanauma Bay is truly one of the best experiences I have ever had," said Ship's Serviceman 3rd Class Sonila Shala of Cargo Afloat Rig Team. "I can tell people are really enjoying themselves and I am, too."

"Swimming with so many different kinds of fish was truly an amazing opportunity. It's another world down there, an amazing world," said Shala.



For some beginner snorkelers, the experience may take a little getting used to.

"I was having a hard time adjusting to the breathing pattern at first, but after about five or 10 minutes, I got the hang of it," said Shala. "It's quite a workout swimming around. I think I lost five pounds."

For Shala, the opportunity to snorkel during the month of January is a unique experience.

"Being from Massachusetts, snorkeling at any time - much less in the winter months - is just not an option, so this is a real treat," Shala said.

"I've actually seen the bay on a post card before and thought 'what a beautiful place, I want to go there' and now that I'm here, it's more than I expected," Shala said. "I would recommend this experience to everyone," She continued.

Reba Capell, Morale, Welfare and Recreation recreation assistant, said MWR has all the gear you need to enjoy your snorkeling experience.

"Our gear issue has snorkeling gear for rent," said Capell. "It's a great place for servicemembers who are interested in fish to visit and learn more about them. It's also a great place for people who may not like crashing waves or deep water. There are depths for all levels," Capell added.

The bay was originally formed as a volcano that collapsed on itself. The ocean breached the cove and formed what today is known as Hanauma Bay. The bay was declared a Marine

Photos by MU2 Dave Schrichte

1. A sea turtle comes up for a quick breath at Hanauma Bay.
2. This is one of the many fish to be seen at the bay.
3. A couple enjoys snorkeling at Hanauma Bay.
4. The conservation of the bay provides ample plant life.
5. A snorkler observes the sealife up close.
6. Schools of fish mingle with snorklers at the bay.
7. One snorkler dives to get up close with some of the bay's sealife.



minute video on helping preserve the bay.

"By deciding to create the educational facility and visitor center, we went from about three million visitors a year to about a million," said Kaneshiro. "Preservation and conservation are our number one priority here because if the area wasn't pretty, if we didn't have the fish here, then we wouldn't have people visit," said Kaneshiro. "We want the attraction to be here for future generations."

Capell suggested getting to the bay early. Expect to pay for parking, but with your kama'aina card and military I.D., your snorkeling experience should be free.



Commentary

# Island Flavors

Jim Williams

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## Jackie Chan comes to Hawai'i

The bartender flexes, spins, tosses, spins again and catches a mixer with lightning reflexes just in the nick of time. He then spins again, twists, tosses an assortment of items in the air and shakes the mixer once more.

At first it seems as if he were auditioning for a part in the latest Jackie Chan movie rather than working at the bar of the movie star's latest venture.

He is one of the "flair" bartenders at Jackie's Kitchen, the much-anticipated restaurant of action movie star Jackie Chan, which opened earlier this month.

The 5,000 square foot, 152-seat restaurant, located on the upper level of the Ala Moana Center, is a collaboration between the world famous star and a local restaurant dream team led by developing partner and general manager Robert Cortes.

While there are over 40 Jackie's Kitchen restaurants throughout Asia, this is the first one ever in the United States, plus it offers a brand new concept for the restaurant chain, which has been developed by Cortes.

Chef Michael Longworth, formerly of Sam Choy's and Buca Di Beppo, has created a menu described as Asian-inspired cuisine infused with hints of Hawai'i.

Some examples of the menu include appetizers like the "Drunken Sashimi" (\$10.95) and honey garlic chicken wings (\$6.95) and entrees like a miso-glazed salmon (\$15.95), teriyaki New York sirloin (\$18.95), and a fresh island roasted chicken (\$14.95).

They also offer a variety of salads like the Thai beef salad (\$11.95) and green papaya and shrimp salad (\$12.95) or sandwiches like the Pao-Pao Burger (\$7.95) or Drunken Fish Sandwich (\$8.95), both served with fries.

We began our meal with a sample of appetizers including the beautifully crispy pork wontons (\$6.95), served with a spicy plum sauce dip, the milder fresh ahi potstickers (\$7.95), mixed with shiitake mushrooms, onions and ginger, served with a strong sesame soy sauce, and the Hoisin babyback pork ribs (\$9.95) smothered in a Hoisin BBQ sauce.

For my entrée, I selected the smoked tea duck (16.25), a half duck smoked with Chinese black tea (and flavor reminiscent of Kailua pork) served with bao buns.

My wife decided to try the General Chan's Spicy Stir Fry (\$10.25) which was in the "from the wok" selections of the menu. It was wok-fired chicken with fresh vegetables in a spicy Sichuan sauce, heavy in ginger.

While most entrees offer you plenty of food, they do have a selection of side dishes or "Side Kicks" including items like a baked sweet po-



**Jackie's Kitchen**  
Ala Moana Center, Third Level  
Honolulu, Hawai'i  
943-CHAN (2426)

tato \$3.95, Chinese green beans \$2.95 and their awesome garlic mashed potatoes \$3.95

My son picked the "Shanghai noodles" (\$4.95) from the kid's menu, which also offers shrimp or cheeseburgers.

From the dessert menu, which offered some unusual dishes like a banana lumpia (\$4.75) and ginger-apple pie (\$5.95), we selected the mango crème brûlée (\$6.75), a vanilla custard topped with slices of fresh mango cooked into the caramelized sugar, the rich chocolate cake (\$4.95), with

chocolate frosting and a chocolate glaze and the day's special Peanut butter cheesecake (\$5.95), topped with peanuts and chocolate.

Overall, we were pleasantly surprised to find that the food at Jackie's Kitchen much better than at some of the other "Hollywood" type trendy restaurants.

The open-air Japanese modern décor of the restaurant is pleasant and natural, though still a work in progress. Diners in the rear of the restaurant can see what goes on backstage through small windows into the kitchen.

Jackie's Kitchen also features several giant plasma screens showing clips of many of Jackie's movies.

If you have a young Chan-fan in your family who finds it hard to behave while eating out, you may be pleasantly surprised to find your child quietly glued to the action clips while you enjoy your meal for as long as you like.

The only thing more entertaining than the movie clips are the bartenders behind the bar, which offers a front-row seat to some of the island's best "flair" bartenders (similar to Tom Cruise and Brian Brown in "Cocktail").

Under the direction and guidance of bar manager and trainer Cache Bouren, one of Hawai'i's most well-known flair bartending champion, the bartenders juggle shakers, bottles, cups and fruit for the enjoyments of the clients.

Perfect for your Friday afternoon "pau hana," they offer the island's only "beer tower," a tall skinny glass container with 96 ounces of ice-cold beer (domestics \$16.95; imports \$21.95) containing a special cooling system, which keeps the beer frosty and allows you to pour your own drink at your table.

So leave The Tuxedo at home, try to avoid the afternoon's Rush Hour, and hurry down for a fine meal, be it at Shanghai Noon or Shanghai Knight.

Okay, that's pretty corny, but Jackie's Kitchen is no joke. Very good food, excellent service, and a whole lot of fun await you.

## Pearl Harbor swimmers shine at Hawai'i state championships

Debbie Pfirrmann

Pearl Harbor Aquatics

Pearl Harbor Aquatics Tsunami swimmers earned honors as state champions when they traveled to Kona on Dec. 19-21 to participate in the USA Swimming 2004 Hawaii Age Group Short Course Championships. Under the guidance of Coach Billy Brown and Assistant Head Coach Mike Sabina, the Pearl Harbor swimmers set personal best times and brought home the hardware. "I couldn't be more proud of these young swimmers and their tremendous individual and team performances," said Brown.

Two Pearl Harbor swimmers finished the meet as state champions. Kelly McGee won the 11 and 12-year-old girls 100-yard individual medley and medaled in seven other events. Bruce Pfirrmann won the 11 and 12-year-old boys 50 and 100-yard freestyle and also medaled in six additional events. Both McGee and Pfirrmann achieved Western Region Zone Championship qualifying times during the competition. Other Tsunami state finalists include Shannon O'Connor, who medaled in four events, including the 9 and 10-year-old girls 50 and 100-yard backstroke, 50 breaststroke and 200 freestyle. Tsunami newcomers Christian Berner finished third in the men's 13 and 14-year-old 50-yard



Photo by Debbie Pfirrmann  
Pearl Harbor Aquatics Tsunami swimmers earned honors as the state champions at Kona on the Big Island Dec. 19 - 21.

freestyle, qualifying for western region zones, and Delilah Bista medaled in the women's 15 and 16-year-old 200-yard breaststroke.

During the fall season, 13 Pearl Harbor swimmers attained state qualifying times. In addition to McGee, Pfirrmann, O'Connor, Berner and Bista, other Tsunami qualifiers were Emily Araki, Emily King, Morgan O'Connor, Thomas Paradise, Carima Robinson, Miranda Estrella, Kurt Wolhrab and Megan Wohlrab.

The Tsunami's performance at the state championship meet

highlighted the strength of the Pearl Harbor swim program and coaching staff. "Whatever it takes' is our team's motto," said Brown, "and our swimmers in all competitive categories are improving themselves athletically and reaching high personal goals."

Pearl Harbor Aquatics practices daily at the Richardson Pool complex. The team is a USA Swimming affiliate open to military and civilian children ages five to 18. For more information, visit the team's website [www.tsunamis.homestead.com](http://www.tsunamis.homestead.com), or contact at 471-9181, or email: [phsc@inix.com](mailto:phsc@inix.com).

## MWR 'kids club' at Bloch Arena helps parents find time for fitness

Amiee Huepenbecker

Quality of Life Marketing

Do you need childcare services to meet your fitness goals in 2004? Morale, Welfare and Recreation has listened to suggestions and presents Kids Club at Bloch Arena Fitness Center beginning Jan. 19.

"We are starting Kids Club in response to the results of the 2003 Ohana Survey. We found there is a need for childcare at or near fitness centers," said Judy Kosaka, Navy Region Hawai'i fitness director. "Navy spouses need a convenient option for childcare so they can keep fit." Kids Club allows parents to

*"We are the first in the Navy to try this and will adjust the program as needed ..."*

Judy Kosaka  
Region fitness director

participate in a group exercise class, personal training or workout session at Bloch Arena, knowing their child is being cared for by a certified, professional child development staff member. Kids Club

is a drop-in childcare service for children ages six weeks to five years old. Childcare services are provided on a first come, first served basis. Parents must bring diapers, bottles and snacks for their child, if required.

According to Kosaka, "Kids Club is a pilot program. We are the first in the Navy to try this and will adjust the program as needed."

Kids Club will be open Monday through Friday from 8:15-10:15 a.m. and 4:15-7:15 p.m. and Saturdays from 8:45-11:45 a.m. The cost is \$3 per hour, per child. Space is limited. For more information, call 473-0793 or visit [www.greatlifehawaii.com](http://www.greatlifehawaii.com).



**Hawaii Navy News Online**  
[www.hnn.navy.mil](http://www.hnn.navy.mil)

### STORY IDEAS?

Contact the HNN editor for guidelines and story/photo submission requirements:

Phone: (808) 473-2888

Email: [hnn@honoluluadvertiser.com](mailto:hnn@honoluluadvertiser.com)

# MWR

## Movie Call

Sharkey Theater, Pearl Harbor  
(473-0726)

**FRIDAY**  
7:00 p.m. The Haunted Mansion (PG)  
**SATURDAY**  
2:30 p.m. Dr. Seuss' The Cat in the Hat (PG)  
4:30 p.m. Scary Movie 2 (PG 13)  
6:30 p.m. Honey (PG 13)  
**SUNDAY**  
2:30 p.m. Looney Toons: Back in Action (PG)  
4:30 p.m. The Haunted Mansion (PG)  
6:30 p.m. Gothika (R)  
**THURSDAY**  
7:00 p.m. The Missing (R)

\$3 adults; \$1.50 children (6-11)  
\*Special: \$2 adults; \$1 children (6-11)

Memorial Theater, Hickam AFB  
(449-2239)

**FRIDAY**  
7:00 p.m. The Haunted Mansion (PG)  
**SATURDAY**  
7:00 p.m. The Haunted Mansion (PG)  
**SUNDAY**  
7:00 p.m. Honey (PG 13)  
**WEDNESDAY**  
7:00 p.m. Honey (PG 13)  
**THURSDAY**  
7:00 p.m. Love Don't Cost a Thing (PG 13)

3 adults; \$1.50 children (6-11)  
\*Special: \$2 adults; \$1 children (6-11)

Sgt. Smith Theater, Schofield Barracks  
(624-2585)

**FRIDAY**  
7:00 p.m. Timeline (PG 13)  
**SATURDAY**  
2:00 p.m. Timeline (PG 13)  
**SUNDAY**  
7:00 p.m. Tupac: Resurrection (R)  
**WEDNESDAY**  
7:00 p.m. Gothika (R)  
**THURSDAY**  
7:00 p.m. Gothika (R)

3 adults; \$1.50 children (6-11)  
\*Special: \$2 adults; \$1 children (6-11)



**Dr. Seuss' The Cat In The Hat:** Sally and brother Conrad are left home on a rainy day and are rowdily entertained by a mysterious man-size cat.

**Gothika:** A criminal psychologist awakens to find herself a patient in the very same mental institution in which she works, with no memory of the murder of her husband that she's accused of committing.

**The Haunted Mansion:** Real estate agent Jim and his family visit an old mansion, thinking they're just stopping by to check out the property. But soon they end up stranded there, along with 999 creepy ghosts.

**Honey:** Honey Daniels is an up-and-coming choreographer who finds her career in jeopardy after she refuses to reciprocate the sexual advances of a music-industry bigwig. Determined to pick herself back up, Honey goes back to the inner-city of her youth with plans of starting a dance school.

**Looney Toons: Back in Action:** In this mixture of live-action and animation, Bobby will team with Bugs Bunny, Daffy, Tweety, and Taz as they leave Hollywood for exotic locales such as Africa and Las Vegas, where they search for Bobby's father.

**Love Don't Cost a Thing:** Alvin stars as a brilliant but awkward teenager who seizes a golden opportunity when popular cheerleader Paris wrecks her parents' car and is strapped for cash. Alvin pays Paris to pretend to be his girlfriend with hopes of elevating his social standing.

**The Missing:** In the late 19th-century wilderness, Maggie struggles to raise her two daughters. When one of them is kidnapped by a psychopath who has been murdering young teenage girls, Maggie must turn to her father for help in tracking her down before it's too late.

**Scary Movie 3:** Cindy has graduated from college and now works as a local television reporter. While investigating crop circles at a farm, she learns that she is "The One" and helps the president of the United States prevent an alien invasion.

**Timeline:** In France, professor Johnston, his son Chris, and a team of archaeology students are working on the ruins of a 14th-century castle. Kate and Andre make a startling discovery: It turns out that the head of the corporation running the dig, Robert Doniger, opened up a wormhole leading to the 14th century.

**Tupac: Resurrection:** The first authorized biopic of the late rapper-actor Tupac Shakur. It includes poetry readings, musical clips, and video from his life, including various interviews, private home movies, and previously unreleased concert footage.

Editor's note: Every effort has been made to provide the most up-to-date information at the time of publication. However, scheduling of these events is subject to change. It is recommended that you call the contact numbers for the individual events to determine whether or not the activity will be held.

### HIKES AND MORE:

MWR Outdoor Adventure Center is offering the following outings:

- Jan. 21: Island-style pig-hunting workshop, cost is \$5 per person. Learn the basic fundamentals of pig hunting, island-style. The workshop will begin at 6:30 p.m. at the OAC. Register by Jan. 19.

### MONGOLIAN BARBECUE

The Mongolian Barbecue is happening again at The Banyans from 5-8:30 p.m. tonight. Stroll a raw buffet, fill your bowl with veggies, sauces and seasonings; queue-up at a central grill to select your meats and seafoods and pass the creation to the talented cooks for a stir-fried treat. For more information or to make reservations, call 473-1815.

### FIREWORKS AND ICE CREAM

Every Friday night, Hilton Hawaiian Village sets the stage for a celebration of Hawaiian culture and ends the evening with a fireworks show over Waikiki beach. All teens are invited to join the Boys & Girls Clubs of Navy Hawai'i tonight to see the show up close. Following the fireworks, the group will visit Cold Stone Creamery for some hand-made, hand mixed ice cream. For more information, call 471-8914.

### HOCKEY TOURNAMENT

A hockey tournament will be held Jan. 17 at Boards & Blades Skate Shop. The cost is \$10 per player. Divisions will include: Adult (age 18 and over) and youth (15 to 17 years old). All teams and/or individuals are welcome. There will be a maximum of eight members per team. Prizes will be awarded to the top finishers. For more information, call 473-3295.

Here's a look at off-duty events happening on Oahu's military bases for service members and their families.

To get your activity or event featured in the Community Calendar, e-mail your requests to the editor at hnn@honoluluadvertiser.com or fax submissions to Hawai'i Navy News at 473-2876.

Deadline for submissions is Thursday for the following week's issue. Items will run for four consecutive weeks on a space available basis (see footnote numbers after each event). After four weeks, they should be updated and resubmitted to HNN.

## MISCELLANEOUS

### BLOOD DRIVES

- Jan. 21: 9 a.m.-noon, U.S. Navy, CPRFP, Marine Corps Base Hawaii - Kaneohe.
  - Jan. 22: 9 a.m.-noon, U.S. Air Force, Hickam Memorial Theater, Hickam AFB.
  - Jan. 23: 9 a.m.-noon, U.S. Navy, Trial Service Office, Naval Station Pearl Harbor.
  - Jan. 29: 9 a.m.-noon, U.S. Army, 45 CSG, Schofield Barracks.
  - Jan. 30: 9 a.m.-noon, U.S. Army, 205 MI Bn.
  - Feb. 3: 9 a.m.-noon, U.S. Navy, JICPAC.
  - Feb. 6: 9 a.m.-noon, U.S. Navy, COMSUBPAC, Squadron 1.
  - Feb. 13: 9 a.m.-noon, U.S. Navy, COMSUBPAC, Squadron 1.
  - Feb. 20: 9 a.m.-noon, U.S. Navy, COMSUBPAC, Squadron 1.
- For more information, call 433-6148.

### JOB FAIR AT THE BANYANS

Hawai'i Military Communities, LLC will host a job fair from 9 a.m.-1 p.m. Jan. 17 at The Banyans on Naval Station Pearl Harbor. Hawai'i Military Communities, LLC is a partnership between Forest City Enterprises, Inc. and C.F. Jordan, L.L.C. The job fair is seeking applications for property management and operations positions and is open to all military members and their families. Forest City Enterprises, Inc is an equal opportunity employer and drug free workplace. For more information, visit their Web sites at: www.hawaiimilitarycommunities.com or contact Melanie Lucas at melanielucas@forestcity.net. (1)

### STUPID HUMAN TRICKS

Do you have an unusual talent? Show it off for fun and prizes. Join the fun Jan. 17 at Club Pearl's Country Bar with country music spun by Copperhead Productions and Big Jim. The doors open at 8:30 p.m. For more information, call 473-1743.

### FREE GOLF CLINIC

Learn the basics or refine your game at a free golf clinic held Jan. 17 at Navy-Marine Golf Course. The clinic is open to the first 16 active duty Navy and their family members. The clinic will be held from 1-2 p.m. For more information or to register, call the pro shop at 471-0142.

### ADULT SAILING CLINICS

Adult sailing clinics are held every Sunday at Rainbow Bay Marina. Learn some tricks and tips or just come to play. The clinic schedule is as follows: Rhodes 19, Jan. 18; Columbia 22, Jan. 25. The clinics are from 9 a.m. to noon every Sunday and cost \$10 per clinic. For more information, call 473-0279.

### SAILING SPECIALS

Experience the freedom of sailing Jan.19 with special sailing deals in observance of Dr. Martin Luther King Day. Blue cardholders can rent a boat, kayak, paddleboat or canoe for one hour and get the second hour free. For more information, call 473-0279.

### IN OBSERVANCE OF MARTIN LUTHER KING DAY

In honor of Dr. Martin Luther King Jr., Scott and Kona Breeze Pools will serve cake and punch on Jan. 19. For more information, call 473-0394.

### LIFEGUARD CLASSES

Lifeguard training classes will be held at Richardson Pool on Jan.19-Feb. 12. For more information or to register, call Towers Pool at 471-9723.

### CASEY ST. JONES RETURNS

Casey St. Jones returns to The Banyans at Pearl Harbor on Jan. 23

### KEIKI IDENTIFICATION

Navy Hale Keiki School and Pearl Harbor Masonic Lodge will sponsor keiki fingerprinting and color ID photos from 10 a. m.-2 p.m. Jan. 17-18 at Pearlridge Mall. A table will be set up on the downtown side (near center court) both days. The fingerprinting will be done with a laser machine and copied to a piece of heavy cardstock along with the child's photo. There is a spot on the document to put the child's personal info on back. This is a free service and is part of the statewide child ID program that is sponsored by the Masonic lodges of Hawaii along with Navy Hale Keiki School. For more information, call 722-5812. (1)

### GSA TO CLOSE FOR INVENTORY

The GSA Global Supply Center at Hickam Air Force Base will be closed Jan. 26-30 for inventory. The store at Schofield Barracks will be closed Feb. 2-6. For more information, call Teresa Demello at 448-8937 or Mike Martin at 655-0280. (2)

### HEROES' PASS AT MIGHTY MO

The USS Missouri Memorial Association, caretaker of the Battleship Missouri, is offering the Heroes' Pass, allowing Hawaii residents to give friends and family a free pass to America's last and greatest battleship. Exclusively for kamaaina, the \$15 pass provides unlimited admission to the Battleship Missouri Memorial for the pass holder for one year, plus numerous additional savings such as:

- \$10 off the memorial's explorer's or captain's tours.
- One free chief's guided tour when purchasing one at the regular price of \$6.
- 10 percent off retail purchases from the ship's gift store.

Heroes' Passes are available for purchase at the Battleship Missouri Memorial. Admission for kamaaina is usually \$10 per adult. For additional information, call 454-1434 on Oahu, toll free at 1-877-MIGHTYMO, or visit www.usmissouri.org. (2)

### VOLUNTEERS NEEDED FOR VGAL PROGRAM

Volunteers are needed to serve as volunteer guardian ad litem (VGALs) for Hawai'i's First Judicial family court. VGALs serve as advocates for abused and neglected children who are in the family court

with the show billed as the world's funniest hypnosis dinner show. Members of the audience become the stars of the show. Advance tickets are available at any Navy ITT office through Jan. 22 for \$19.95 (\$23 at the door).

Seating is limited. Dinner and cocktails will be served from 6-7:30 p.m. The show starts at 8 p.m. This show is for adults only. For more information, call 473-0606.

### SHARK ADVENTURE TOUR

See the sharks of Hawai'i in their natural environment - the crystal, blue waters of the Pacific. You can watch from the boat or get up close and personal in the shark cage and see this majestic sea creature rise from the depths to greet you. This is the only trip like this in the entire state. Prices are as follows: Shark adventure (observer), ITT special price of \$40, ITT regular price of \$50; shark adventure (cage), ITT special price of \$75, ITT regular price of \$85. Prices are good through February.

### SLIP INTO BOAT SLIPS

Well appointed with many amenities, boat slips at Rainbow Bay Marina are open to active duty, retirees, reservists and DoD employees. Slips are \$4.50 per foot/per month for military and \$5 per foot/per month for all others. For more information, call the marina at 473-0279.

### INLINE SKATING LESSONS

Inline skating lessons are offered from 4-5 p.m. every Tuesday and Thursday at Boards & Blades Skate Park. The cost is \$5 and includes all required equipment. For more information or to register, call the skate shop at 473-3295.

### WATER AEROBICS AT SCOTT POOL

Looking for a low impact workout that produces high impact results? Water aerobics is the answer. Classes are held from 9-10 a.m. Monday, Wednesday and Friday at Scott Pool. The cost is \$2 per class, but the first class is free. For more information, call Scott Pool at 473-0394.

system. Free training is provided. Volunteers must enjoy working with children and be able to confront difficult issues. The next training class is scheduled to begin in January 2004. For more information, call the VGAL program office at 538-5930. (3)

### MANAGERIAL ECONOMICS DEGREE

The University of Oklahoma offers a master of arts in managerial economics and a master of public administration. The school's non-thesis programs can be completed in about 18 months and one-week classes are TDY/TAD friendly. For more information, contact the OU Hickam office at 449-6364 or aphickam@ou.edu or visit the website at www.gouou.edu. (1)

## SHIP/SUBMARINE OHANA

### USS HOPPER OHANA

The USS Hopper Ohana will host its first monthly breakfast club with breakfast at 9 a.m. Jan. 17 at Anna Miller's. An optional play group will follow the breakfast. The event is dutch treat. For more information, email hopperohana70@yahoo.com or call Robin at 685-5223. (1)

### USS CHOSIN FSN WIVES

USS Chosin FSN wives' meeting will be held at 7 p.m. Jan. 20 at Pearl Harbor Base Chapel across from McDonalds. Babysitting will be provided at a cost of \$2 per child. For more information, contact the FSN Board at FSNCHOSIN@yahoo.com or call 456-0280. (1)

## NEX

### WYLAND AT NEX

Internationally known marine-life artist Wyland will make a special appearance at the Navy Exchange from Jan. 16-19. During those days, Wyland will have selected works on sale and will be painting a new image to his 89th mural on the rotunda's ceiling.

### ANNUAL INVENTORY

The Navy Exchange will conduct its annual inventory during the last week of January, affecting hours of operation. On Feb. 1, the NEX will



## January

**Jan. 18:** Honolulu Zoo. The cost is \$6 per person. Depart from LIP at 9 a.m.

**Jan. 23:** Starlet Dinner Cruise. The cost is \$24. Depart from LIP at 2 p.m.

**Sundays:** Movie and popcorn, 7:30 p.m.

**Mondays:** NFL football and pupus, 6:30 p.m., free.

**Tuesdays:** 8-Tournament, 7 p.m., free.

**Wednesdays:** Ping Pong Tournament, 6 p.m., free.

**Thursdays:** Movie and popcorn, 7:30 p.m.

Liberty in Paradise (LIP) activities are geared toward single and unaccompanied service members. Payment should be made at least three days prior to the event. All activities depart from LIP. To sign-up or for more information, call 473-4279.

### LIBERTY AT BEEMAN CENTER

**Sundays:** NFL football, 5 p.m.; movie and popcorn, 7:30 p.m.

**Mondays:** NFL football live satellite broadcast, 3 p.m.; re-broadcast and free pupus, 6:30 p.m.; 8-Ball Pool Tournament, 7 p.m., \$5 for active duty/ \$8 for all other authorized patrons.

**Tuesdays:** Karaoke with Bill at 7:30 p.m.

**Wednesdays:** (first and third) Open mic jam, 7 p.m.; (second and fourth) XBOX HALO Tournament, 7 p.m., \$5 for active duty/ \$8 for all other authorized patrons.

**Thursdays:** (first and third) Game Show, 7:30 p.m.; (second and fourth) Movie and popcorn with Trivia Contest at intermission, 7:30 p.m.

**Fridays:** 9-Ball Pool Tournament, 7:30 p.m., \$10 for active duty/ \$15 for all other authorized patrons.

**Saturdays:** College football on the big screen at 11:30 a.m.; Karaoke with Bill at 8 p.m.

close at 6 p.m. Closing times for other NEX operations are as follows:

- Closing at 6 p.m. Jan. 28**  
Ford Island Mini Mart  
Naval Station Mini Mart

- Closing at 6 p.m. Jan. 29**  
Uniform Center  
Halsey Terrace Mini Mart  
Holomoku Mini Mart  
Touch 'N Go Mini Mart

- Closing at 6 p.m. Jan. 30**  
Wahiawa Mini Mart  
Iroquois Point Mini Mart  
Pearl City Mini Mart

- Closing on Jan. 31**  
Makalapa Mini Mart, 9 a.m.  
Kunia Mini Mart, 2 p.m.  
Autoport, 2:30 p.m.  
Home Gallery, 6 p.m.

- Closed on Feb. 2**  
Outdoor Living Center  
Pet Stop  
Barking Sands

## ARMED SERVICES YMCA

### ALIAMANU LOCATION:

The Aliamanu (AMR) branch of the Armed Services YMCA is located at 1875 Aliamanu Drive, Honolulu, Hawai'i 96818. The phone number is 833-1185, fax 834-3631, email is ASYMCAAMR@aol.com. Hours are 8 a.m.-1:30 p.m. Monday through Thursday.

### LAMAZE CLASSES

Lamaze classes provide information and instruction on everything you need to know about childbirth. The class meets every Thursday for six weeks from 7-9 p.m. For more information, call 833-1185. (3)

### CHILDREN'S WAITING ROOM

The Children's Waiting Room is a place where parents can drop off their children if they have a doctor's appointment. The Armed Services YMCA is in need of volunteers to keep this program running at Tripler Army Medical Center. The hours of the waiting room are from 8 a.m.-noon Monday, Tuesday and Thursday. Those who are interested in volunteering or who wish to place an appointment should call 833-1185. (3)

# Casey St. Jones hypnosis show returns to Pearl Harbor



Photo courtesy of QOL

Casey St. Jones, billed as "The World's Funniest Hypnosis Show," returns to The Banyans at Pearl Harbor on Jan. 23.

**Amiee Huepenbecker**  
QOL Marketing

Casey St. Jones, billed as "The World's Funniest Hypnosis Show," returns to The Banyans at Pearl Harbor on Jan. 23. The audience can witness St. Jones' "dream-state" hypnosis as he produces hilarious comedy on stage. The show consists entirely of volunteer audience members - so you might even know one of the stars of the show.

Those in the audience can volunteer to be part of the action or watch their friends lose inhibitions as they are hypnotized by "the power of suggestion." "You don't know what to expect, you don't know what will come out of peoples' mouths," said Lara Askerooth, Morale, Welfare and Recreation special events director.

Some people wonder if hypnosis is real or a staged show. According to assurances from Askerooth, "Reactions from the volunteers on-stage are spontaneous. He (St. Jones) relaxes the participants and then uses verbal suggestions to rise funny behaviors."

Parts of the show use group suggestion. St. Jones may suggest to the group that they are on a "vacation gone wrong" or a "jungle safari." At times, the group may even participate in activities together. With over 16 years of experience, St. Jones has the ability to draw strong reactions from his participants.

Morale, Welfare and Recreation (MWR) brought the Casey St. Jones show to Pearl Harbor in April 2003. "We're bringing the show back because last year we had a sold out show and an overwhelming response," said Aske-

rooth. She also mentioned, "Hypnosis shows are few and far between. You can't go down to Waikiki any time and see this kind of show. MWR can bring it to the military at a much lower cost even if it was available in town."

Tickets are available at any Navy ITT office until Jan. 22. The show is for adults only. The \$19.95 cost includes dinner before the show. The menu includes mahi-mahi with lemon caper sauce, teriyaki chicken, red skin mashed potatoes, vegetables, salads and dessert. Cocktails will also be available for purchase.

Tickets at the door will cost \$23; however, seats are limited. Dinner and cocktails will be served from 6-7:30 p.m. The show starts at 8 p.m. For more information, call 473-0606 or visit [www.greatlifehawaii.com](http://www.greatlifehawaii.com).

## Yards of the Month November

**Camp Stover:** PO3 Patricia and Karl Lyons  
**Catlin Park:** PO2 Richard and Doris Wimer; PO1 Taylor and Cameron Hulett  
**Doris Miller Park:** PO1 Geoffrey and Carol McPherson  
**Ford Island:** Capt. Robert and Beverly Brandhuber  
**Hale Moku:** PO1 Roberto and Heide Reyes  
**Halsey Terrace:** CPO Raymond and Tafini Jones  
**Hokulani:** PO2 Benjamin and Monica Council  
**Little Makalapa :** Lt. Craig and Carmella Wortham

**Makalapa:** Capt. Stephanie and Keith Douglas  
**Maloeleap:** Lt. Cmdr. Leonard and Peri Schilling  
**McGrew Point:** Lt. Cmdr. Douglas and Georgia Sampson  
**Moanalua Terrace:** CPO Brodrick and Idella Linnear; PO3 Michael and Karen Holbrook; PO1 Kenneth and Kristina Taylor; PO2 Joseph and Gladys Garrido  
**NCTAMS:** PO1 Terry and Martha Raper  
**Pearl City Peninsula:** CPO Robert and Maggie Lamaster  
**Radford Terrace:** PO2 Berrie and Joy Lyons; PO1 Jeffrey and Tera Howell

### Don't See Your Area? Contact Your CFHR

The Yard-of-the-Month listings which are published here each month are provided by the Command Family Housing Representatives (CFHRs) for each housing neighborhood. However, listings are not always provided to us in time for publication. We are dedicated not only to publishing the names of the Yard-of-the-Month winners, but also ensuring that the listings are as complete and accurate as possible. If you have any questions about the Yard-of-the-Month listings for your area, please contact your CFHR.

## Island soccer champions



Photo by OSC Kurt Cutkelvin

The Navy select soccer team, who are scheduled to play the Army's "Knightriders" in the 2003-2004 Ohau Ranger Soccer League Championship at noon Jan. 18, pose for a photo. The game will be played at the Central Oahu Regional Park off Kamehameha Highway in Waipio Gentry. Navy personnel wishing to play for the team next season, which starts in February, can call 473-0570 or 351-4472. The team invites everyone to come out and see the Navy beat Army this Sunday.



